

**December 8, 2023**

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## **Important Dates!**

- Monday, Dec. 11 - **First Newspaper Club 8 am**
- Monday, Dec. 11 - **Wear Green!**
- Tuesday, Dec. 12 - **Max Day! Wear animal print!**
- Wednesday, Dec. 13 - **Wear a Kindness Shirt!**
- Thursday, Dec. 14 - **Character Kids 3:50 pm**
- Thursday, Dec. 14 - **2nd & 3rd Grade Fine Arts Night 6:30 pm**

- Friday, Dec. 15 - **Grinch Day! Dress like your favorite Character or wear green or red!**
- Monday, Dec. 18 - **No Newspaper Club!**
- Thursday, Dec. 21 - **Waukesha Skateland Fundraiser 5:30 pm (more info below!)**



## **Grinch Week at Poplar Creek (Dec. 11-15)**

- As an all-school Social-Emotional Learning celebration, on Friday, Dec. 15, we will be watching the movie "How the Grinch Stole Christmas". This is the original version of

the movie from 1966 and is about 25 minutes long. If you would like to opt your child out of this activity, please notify your child's classroom teacher by Dec. 13. They will then have an alternate, supervised activity in the office conference room.

- We will also be doing a “Change Challenge”! Bring in your loose change to your classroom on Tuesday and Wednesday (Dec. 12 and 13). Our goal is to work together as a whole school to collect \$500 to donate to the New Berlin Police K9 unit in honor of “Max” from “The Grinch Who Stole Christmas”.



## Grinch Week Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Green Day!</b> Wear the color green to get in the spirit!</p> 	<p><b>Max Day!</b> Wear your favorite animal print or dog shirt in honor of Max. Bring in change for the <b>CHANGE CHALLENGE!</b></p>	<p><b>Grow your heart 3 sizes!</b> Wear a kindness shirt and write a kind message to a classmate or teacher. Bring in change for the <b>CHANGE CHALLENGE!</b></p> 	<p><b>Let the Music Move You!</b> Listen to a song or two from "The Grinch" and get yourself in the mood for tomorrow!</p> 	<p><b>Grinch Day!</b> Dress as your favorite Grinch character, wear Grinch gear, or wear the color green or red!</p> 

## Some of Today's Paw Winners!



# Health Room Requests

1. Please consider adding our health room phone number 262-789-6392 and our main office number 262-789-6520 to your cell phone contacts.

Many people have reported that our phone numbers comes up as spam on their cell phones making it difficult for us to get ahold of parents when their children are sick.

2. The health room is always in need of sweat pants, leggings, and socks of all sizes for accidents. Donations are always appreciated.



# 5th Graders learning about coding!





## **PTO Information and Activities**

Meeting Dates: **2/5, 3/7, 5/6**

Time: **6 pm**

Where: **School Library**

# POPLAR CREEK

# SKATE NIGHT

THURSDAY, DECEMBER 21ST

5:30-8:00 PM

WAUKESHA SKATELAND

\$8.00 PER SKATER (INCLUDES SKATE RENTAL)

SNACK BAR WILL BE OPEN

CASH ONLY, ATM OUTSIDE

MAKE SURE TO MENTION POPLAR CREEK AT THE DOOR



PROCEEDS SUPPORT PC  
6TH GRADE FIELD TRIP







## **Staff Favorite Things**

If you are looking for some ideas for appreciation gifts or holiday gifts for staff members, the PTO has collected "Staff Favorite Things" sheets from most staff members of Poplar Creek. Click the links below to view our favorite things!

[Classroom Teachers](#)

[Special Education Teachers, Assistants, ELL,  
Speech & SLAs](#)

[Office, Support Staff & Specials](#)



# POPLAR CREEK PE NEWLETTER

## November Edition



6TH GRADE BUDDIES PLAYING BASKETBALL MONOPOLY WITH KINDERGARTEN

### CALM CORNER

THIS YEAR WE ADDED A CALM CORNER FOR STUDENTS WHO NEED A BREAK. THEY CAN DO SOME EXERCISES OR TECHNIQUES THAT HELP THEM REGULATE THEIR EMOTIONS



### KINDNESS CHAMPIONS

EVERY MONTH A CLASS THAT DISPLAYS THE MOST KINDNESS IS CHOSEN AS THE KINDNESS CHAMPIONS. THE KINDNESS CHAMPIONS FOR THE MONTH OF NOVEMBER WERE MRS. NOWAK'S KINDERGARTEN CLASS! ♥



### PREVIOUS UNITS

- Basketball
- Thanksgiving Games

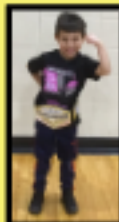
### UP COMING UNITS

- Dance
- Hockey



### FOLLOW THE FUN ON TWITTER!

@MRBISSWURMPE  
@MRMUCHPE



DECEMBER FITNESS CHALLENGE LINK



# After School Activities



Poplar Creek  
French Club



## MAKE MINI BÛCHE DE NOËL

**SIGN UP  
HERE**



[bit.ly/40XALmU](https://bit.ly/40XALmU)

TUESDAY, DECEMBER 19  
3:50-4:35PM  
MAKERSPACE

*Free!!*



**QUESTIONS?**

[LEAH.ROGNEBY@NBEXCELLENCE.ORG](mailto:LEAH.ROGNEBY@NBEXCELLENCE.ORG)

# Fab Lab "Make & Take" Community Workshop

Friday, December 15

Choose from four one-hour sessions / 4-8PM

New Berlin West Middle/High / 18695 W. Cleveland Ave.

Join us for an hour of creative fun in the New Berlin West Fab Lab. We will model a design of your choosing in TinkerCAD and make it on a 3D printer or laser. You'll get to see our lab space, use the cool equipment, and take home your very own gift to give to someone special. This is a free event. All are welcome!

**HURRY - SPACE IS LIMITED!** Register for a time slot:  
4-5pm, 5-6pm, 6-7pm, 7-8pm

Appropriate for 4th grade and older.  
Younger students will need parent or guardian present.

Register to attend at:  
[bit.ly/46LaRmX](http://bit.ly/46LaRmX)  
- or -  
with the QR code below:



# Community Announcements

The logo for care-solace, featuring the word "care" in a purple sans-serif font, a thin purple line that curves under the "e" and extends to the right, and the word "solace" in a purple sans-serif font.

Happy December! With the holidays upon us, there are many reasons to be joyful. It's a time for sharing, laughter, giving back, and creating memories with family and friends. The holidays, however, can also be stressful. We may be making plans to visit loved ones, managing our budget for gifts, or coordinating events with our community. With an already-packed schedule, these additional tasks can add stress to our lives.

Celebrating and connecting with family is important during the holiday season, but it's also essential to care for your mental health. National Stress-Free Family Holidays Month



brings awareness to the harmful effects of stress and reminds everyone to take care of themselves as they approach the holidays. Here are some helpful tips for a more stress-free holiday season:

Make modifications to holiday traditions. Consider ways to modify traditions that may negatively impact your mental health. It can be nice to stick with holiday traditions, but your mental health should take priority.

Don't forget the power of "no." It's okay to say no to plans if you are feeling overwhelmed.

Plan ahead. Keeping a calendar of events can help you stay on track and prepare for events. It can be stressful to shop on the same day as an event, so keep a list of tasks to prevent the rush.

Talk about your feelings. You might be overwhelmed or missing a loved one. Talking about your feelings with a trusted friend or family member is okay. You are not in this alone.

Take time for self-care. It's important to take care of ourselves before caring for others. This holiday season, make time for yourself.

Find a therapist. Acknowledge your feelings and talk to a professional when needed. If you would like help finding a mental health care provider, use Care Solace, a complimentary and confidential coordination service provided by School District of New Berlin:

Call 888-515-0595. Multilingual support is available 24/7/365.

Visit [www.caresolace.com/newberlin](http://www.caresolace.com/newberlin) and either search on your own or click "Book Appointment" for assistance by video chat, email, or phone.

We wish you a joyous and stress-free holiday season!

# PC Coyotes Lead, Believe, Achieve





## EDUCATION FOUNDATION

OF NEW BERLIN

*Increasing Financial Support,  
Awareness & Advocacy  
for The School District of New Berlin.*

*Visit [www.efnb.org](http://www.efnb.org) today!*

**[Do you like us on fb?](#) If not, you are missing out on candid photos and video clips of daily events and activities at PC.**

**Be sure to [check out our page and like it](#) so you don't miss out!**

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